

國小高年級學童親子溝通模式、依附關係及情緒智力之相關研究

—以臺南市為例

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摘要

本研究目的為探討國小高年級學童在家庭中的親子溝通模式、依附關係與情緒智力之間的關係。本研究以臺南市 387 位國小五、六年級學生為研究對象進行問卷調查，研究工具包括「背景資料問卷」、修訂之「國小高年級學童情緒智力量表」、「親子溝通量表」與「依附關係量表」。將回收資料整理後以描述性統計、獨立樣本 t 考驗、Pearson 積差相關、多元逐步迴歸進行統計分析，研究結果如下：

- 一、 不同年級、性別、家庭型態學童的親子溝通模式有顯著差異。
- 二、 不同年級學童的依附關係沒有顯著差異；不同性別學童依附關係中之「同儕依附關係」女童顯著高於男童；不同家庭型態學童的依附關係有顯著差異。
- 三、 不同年級、性別、家庭型態學童的情緒智力有顯著差異。
- 四、 學童的情緒智力與親子溝通模式中之「開放式溝通模式」有顯著正相關，情緒智力與親子溝通模式中之「問題式溝通模式」則無顯著相關。
- 五、 學童的依附關係與情緒智力有顯著正相關。
- 六、 學童的依附關係與親子溝通模式中「開放式溝通模式」有顯著正相關；依附關係則與親子溝通模式中「問題式溝通模式」有顯著負相關。
- 七、 學童依附關係中之「同儕依附關係」與整體依附關係能預有效測情緒智力。

根據以上研究結果，提出實務建議與研究建議，提供家長、國小領域教育與輔導諮商相關工作者及未來研究者參考。

關鍵字：國小高年級學童、親子溝通模式、依附關係、情緒智力

The Relationship of Parents Communication Patterns, Attachment and Emotional Intelligence among Fifth and Sixth Grade Students in Tainan

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ABSTRACT

The purposes of this study were exploring the relationship among parents communication patterns, attachment and emotional intelligence of fifth and sixth grade students in elementary school. The participants of the study were 387 fifth and sixth grade students in Tainan city. The instruments used in this research included subject basic information, Emotional Intelligence Scale for children, Parents Communication Patterns Scale and Attachment Scale. The collected data were analyzed by descriptive statistics, t-test, Pearson's product-moment correlation, multiple stepwise regression. The results were followed:

1. There were significant difference in parents communication patterns of students between different grades, genders and family types.
2. There were significant difference in attachment of students between different family types. But there were no significant difference between grades. In addition, girls scored higher than boys on peer attachment.
3. There were significant difference in emotional intelligence of students between different grades, genders and family types.
4. There were significant positive correlations between emotional intelligence and openness parents communication patterns. And there were no significant correlations between emotional intelligence and problems parents communication patterns.
5. There were significant positive correlations between attachment and emotional intelligence.
6. There were significant positive correlations between attachment and openness parents communication patterns. And there were significant negative correlations between problems parents communication patterns and

emotional intelligence

7. Emotional intelligence could be well predicted by peer attachment and overall attachment .

According to the results, the researcher offered practical suggestions and research advice for parents, educationists, counselor and further researcher.

Keywords: Fifth and Sixth Grade Students, Parents Communication Patterns, Attachment , Emotional Intelligence